Taking the Lead

The lead article in this issue is the article from the group at Utrecht that summarizes their work over the last decade in exploring the exercise responses of children with chronic disease. One can only marvel at the strength of the research program that they have developed. Van Brussel and colleagues\(^1\) have provided us with a rich source of information to guide our work as we attend to the cardiorespiratory needs of children routinely in our care. In the United States, we are less aware and less responsive to cardiorespiratory needs of the children we treat than are our colleagues in the Netherlands. Thus, it is important that we read and learn from those whose experience is superior to our own. When the Dutch Society of Pediatric Physiotherapy adopted us as their official journal, I could foresee the benefit US therapists would derive from this association. And in very short order, this has come to fruition. The article by van Brussel et al is a must read. They layout in very clear terms the findings from their research and provide very useful guidelines for therapists to manage the cardiorespiratory care for children with chronic conditions. I know that you will also enjoy their exercise pyramid and that you will find it a wonderful way to portray exercise needs of children.

What I find most exciting is that our new colleagues are continuing to contribute to our body of knowledge and serving as rich sources of information for therapists here in the United States and abroad. Please enjoy their contributions\(^2\) in this issue and look for more to come.

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REFERENCES

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